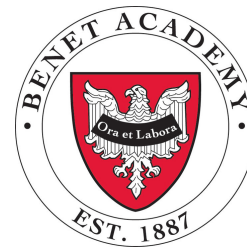


BENET ACADEMY VOLLEYBALL

2021 HIGH SCHOOL PREP CAMP

2011, 2012, 2014 AND 2019 - 4A STATE CHAMPIONS
2008 AND 2013 4A STATE RUNNER UP
2018 4A 3RD PLACE



GIRLS ENTERING 8TH AND 9TH GRADES

JULY 7TH AND JULY 8TH (WEDNESDAY AND THURSDAY)

8:00AM-2:00PM (LUNCH WILL BE 45 MINUTES LONG DURING THE HOURS OF 11-12)

COST: \$165 (BEFORE JUNE 1 COST IS \$150)

SIGN UP ONLINE AT WWW.BENETCAMPS.COM OR MAIL IN REGISTRATION FORM

CAMP FEATURES:

Benet Volleyball camps are designed to teach athletes to make specific movements with proper technical form. This camp is designed to provide campers with training to develop higher-level fundamentals and individual skills. It will also provide technical instruction, proper feedback, maximum ball contact as well as teaching a global understanding of the game.

The camp will focus on the individual and also specific team play. This camp is open to all players including Benet volleyball players or players thinking about coming to Benet.

This camp will also include classroom time where we go over the following:

- Overall Benet volleyball philosophy (offense, defense, serving, blocking and serve receive)
- General skill development and what you can do to get better
- Advanced skills and what you will need to do play at the varsity level and beyond
- Understand our statistical guidelines
- Understand what the tryout expectations will be
- Strength and physical fitness guidelines
- The varsity visualization training

CAMP INSTRUCTORS:

The camp will be run by varsity volleyball coach Brad Baker, current Benet volleyball staff members and also current and past Benet volleyball players.

The current Benet volleyball staff has been together for 13 seasons and during that time the program has averaged over 36 wins per season. The varsity team has won 31 tournament titles, 6 conference titles, 13 regional championships, 9 sectional championships, and brought home a state trophy 7 of the 13 years- finishing 2nd in 2008 and 2013, 3rd in 2018, and winning the 2011, 2012, 2014, and 2019 4A State Championship.

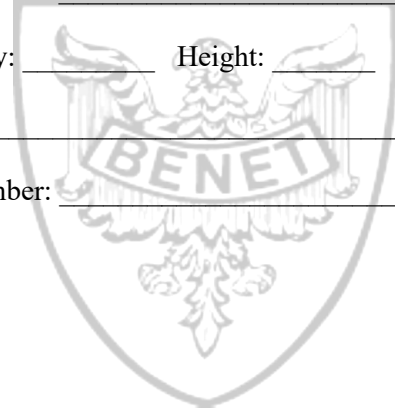
WHAT TO BRING: water bottle or sports drink, lunch, and extra socks/t-shirt



REGISTRATION FORM



First Name: _____ Last Name: _____
Parent Name(s): _____
Address: _____ City: _____ State: _____ Zip: _____
Parent Cell Phone: _____ Parent(s) Email: _____
School Attending _____ High School you will/do attend: _____
Grade Entering Fall '21 School Year _____ Position(s) you play: _____ Height: _____
Volleyball Experience: _____
Emergency Contact: _____ Phone Number: _____
Shirt Size (Please circle one): Adult T-Shirt (Freshman) XL L M S



I hereby grant permission for my daughter to attend the Benet Academy Summer Camp. My child has no medical condition that would interfere with her participation. We understand there are inherent dangers with any sports participation and will not hold Benet Academy, its staff, or camp staff liable for injuries. I release Benet Academy and the coaching staff from any injuries that may occur.

Parent/Guardian Signature: _____ Date: _____
Amount Paid: _____ Check No. _____

Sign up online at www.benetcamps.com

or

Please make checks out to Brad Baker.

Your cashed check serves as confirmation of registration.

Mail all forms and payments to Brad Baker
3139 California Court Rolling Meadows, IL 60008
Contact Coach Baker benetvolleyball@gmail.com
Benet Girls Volleyball Website www.benetvolleyball.org